

PLY-MAR SWIM & TENNIS CLUB



Office Phone (610) 828-8550

Summer 2017

Hours of Operation:

- May 27 & 28:
11 am – 9 pm
- May 29:
11 am – 7 pm
- **May 30- June 2:
Closed**
- June 3: 11-9pm
- June 4: 11-7pm
- **June 5-9:
Closed**
- June 10:
12-9pm
- June 11:
12-9pm
- **June 12-14:
Closed**
- June 16- August:
11-9pm



Happy Anniversary Ply-Mar!

I first joined Ply-Mar in 1992 over 25 years ago, and am so lucky to be part of the greatest place on earth.

I've spent countless summers hanging out with friends, playing blind man's bluff, playing basketball, full court ping pong, and soccer in the grass. I remember the first time I did a reverse flip in the summer of 6th grade, the same summer I got benched countless times by the lifeguards. Guarding at Ply-Mar was my first job, it's where I had my first slow dance, and now where I have returned to manage.

Ply-Mar has had some of the fastest swimmers in the area represent our colors. Names like Kruzal, Gray, Crippen, Meyer, McGinley, Boland, Mcilvain, Yoshimura and Lukens, all top caliber swimmers in the sport. There have only been 7 managers in the history of Ply-Mar Stan Novak (1957-64), Tom Hall (1965-90), Jack Benson(1991-04), Pete Crippen (2005-06), Chaz Fortescue (2007), Frank Wills (08-11), and I'm honored to be the seventh.

As you can see in the photos on Facebook, Ply-Mar has changed so much over the years. It started with just a six lane pool and now we have three pools a diving well, and so much more. As the manager I want to continue to improve all aspects of the club. If you have any questions or ideas to improve our club please come talk us. Once again Matt Weiser will be returning for his fifth summer and longest tenured guard Danny Rooney will be replacing Liz Wills as the new assistant manager. Danny is very excited and has said "managing at Ply-Mar would be the peak of my life". We are lucky to have him join our managing staff and look forward to making the 60th summer at Ply-Mar great!

~Kevin



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Free Swim Lessons

Sign-up for swim lessons will be at the front desk in early June. Private lessons will be available with individual guards or coaches upon request, for a fee.

Group swim lessons are given in 3 two-week sessions, Monday - Thursday:

- Session 1- June 19 - June 29
- Session 2- July 10 - July 20
- Session 3- July 24 - Aug 3

Beginner (11:10 am-11:40 am) This class is for 4 and 5 year olds who cannot get themselves across the pool (approx. 40 feet) without assistance. If your child is 6 or older, do not sign up for this level. A 6 year old or older child should take the Advanced Beginner class. The goal in the Beginner level is to get the child to jump in, surface on their back, swim across the pool, and grab the opposite wall - all with-out being touched by the teacher.



Advanced Beginner (10:35 am-11:05 am) This level is for kids of any age who can demonstrate some semblance of the arm-over-arm freestyle motion, but do not yet incorporate breathing to the side without having to stop their arm stroke to get a breath. To move on to Intermediate, rhythmic breathing to the side must be mastered at least the width of the pool.

Intermediate (10:00 am-10:30 am): Here proper breathing will be reinforced, while slowly building endurance. Children will swim in small groups, rather than 1-1 time with the instructor as in lower skill levels. If students have mastered the freestyle and backstroke, breast-stroke and butterfly will be introduced on an individual basis.

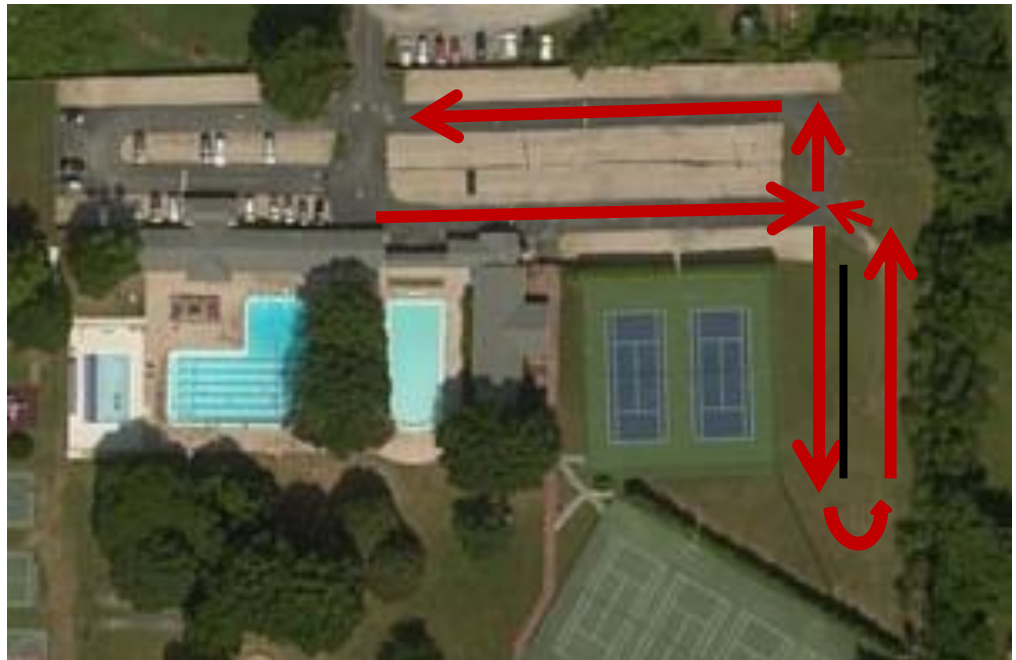
Parking

Our overflow parking area is located on the grass on the far side of the tennis courts. We have installed new poles demarcating where to park on busy days.

Please follow this plan, similar to the rest of the parking lot, to help maximize the number of available parking spaces.

Our speed limit is 10 miles per hour- watch for little ones!

Also, do not park along the driveway into the club, and be sure to lock your cars and remove any valuables. Ply-Mar is not responsible for any lost or stolen items.



Swim & Dive Teams

Ply-Mar is excited to have NCAA National Champion Joe Acquaviva as our new head swim coach. Joe swam at Penn Charter and Johns Hopkins University, and has coached at local summer and winter clubs for years. He is joined by Matt Golebiewski, Amy Acquaviva, Hannah Thomas and Justin Ruggiero. Coach Amy Alderfer returns to lead our popular and growing dive team.



The swim and dive teams at Ply-Mar are open to all swimmers who are able to successfully swim a full lap of the pool in one of the four strokes. There are three levels: Developmental, Junior Varsity, and Varsity.

AGE GROUPS & PRACTICE SCHEDULE:

Swim and dive teams will begin practice at PWHS starting Tuesday, May 30th through Friday, June 16th as follows:

- 4:00 – 5:00 - 11 years and up
- 5:00 – 6:00 - 10 years and under
- 6:00 – 7:00 - Diving

NO PRACTICE ON JUNE 7th DUE TO PWHS GRADUATION!

All swimmers, including developmental, will begin regular morning swim practices on Monday, June 19th at Ply-Mar. Practice will be divided into 4 sessions: 7 – 9 am (Seniors), 9 – 10:30 am (Varsity), 10:30 – 11:30 (JV), and 11:30 – 12:00 (Developmental). Your swimmer will be told which practice to attend after the coaches have evaluated their needs and abilities.

On June 19th and 20th diving practice will be held from 6-7pm at Ply-Mar. Beginning on June 21st, regular practice will begin and will be held at the following times: Monday 10:30-11:30 (11&up) 11:30-12:30(10&under) Tuesday 6:00- 7:00, Wednesday 10:30-11:30 (11&up) 11:30-12:30 (10&under), Thursday 10:30- 11:30 (11&up) 11:30-12:30 (10&under) and 6:00-7:00, and Friday 10:30- 11:30 (11&up) 11:30-12:30(10&under).



COST & REGISTRATION:

The team fee is \$50 per swimmer or \$150 per family. Complete registration forms can be mailed to Ply-Mar Swim Club at PO Box 182, Plymouth Meeting, PA 19462, or they will be received in person on June 1st or June 2nd at Ply-Mar during swim suit try on.

Parent Meetings will be held at Ply-Mar on both June 1st and 2nd at 5:45 pm along with the swim suit try-on. All parents should attend one of these meetings. There will be an initial meeting on Wednesday, May 31st for all new members as well as new swimmers. This year the team suit will remain the Ply-Mar signature suit in navy, red, and white.

Try on dates are June 1st and June 2nd during practice times. Swimmers must be dry! Swim team gear will also be on display and for sale both nights.

Parents are expected to help officiate, time and keep score for all meets, no prior experience necessary.

Varsity meets will be held on Wednesday evenings beginning June 21nd, with one Monday home meet. Junior Varsity meets will be on Tuesday mornings beginning on June 27th, with one Thursday meet. In the event of severe inclement weather, the meet will generally be rescheduled for the following day.

Important dates!

Team Pictures – Friday July 14th
Team Banquet - Saturday July 29th

Relay Carnival (for select varsity swimmers): Saturday, June 17th
LOCATION TBD- 8:30 am warm-up; 9:00 am start

VARSITY SWIM MEETS 5:30 pm Warm-up; 6:00 pm start
Wednesday, June 21 AWAY AGAINST ACST
Monday, June 26 HOME AGAINST HIDDEN HOLLOW
Wednesday, July 5 AWAY AGAINST ST. ALBANS
Wednesday, July 12 AWAY AGAINST MARTIN'S DAM
Wednesday, July 19 HOME AGAINST PENNYPACKER

JUNIOR VARSITY SWIM MEETS 9:00 am Warm-up; 9:30 am start, except as noted below
Tuesday, June 27 AWAY AGAINST ACST- ****EVENING MEET- 5:30 warm-up, 6:00 start****
Thursday, July 6 HOME AGAINST MARTIN'S DAM
Tuesday, July 11 AWAY AGAINST PENNYPACKER
Tuesday, July 18 HOME AGAINST WALLINGFORD

DIVING
Thursday, June 22 AWAY AGAINST ROSE VALLEY 3:00 pm Warm-up 3:30 start
Thursday, June 29 HOME AGAINST ROSE TREE WOODS 3:00 pm Warm-up 3:30 start
Wednesday, July 5 AWAY AGAINST ST. ALBANS 3:00 pm Warm-up 3:30 start
Thursday, July 6 HOME AGAINST ROSE VALLEY 3:00 pm Warm-up 3:30 start
Wednesday, July 12 AWAY AGAINST MARTIN'S DAM 3:00 pm Warm-up 3:30 start
Thursday, July 13 TRI MEET AWAY AT HIDDEN HOLLOW 4:45 pm Warm-up 5:30 start

CHAMPIONSHIPS

RELAY CARNIVAL
Saturday, June 17- ROSE TREE WOODS

B CHAMPS
Saturday, July 22 PENNYPACKER
8:00 AM WARM-UP; 8:30 AM START

DISTANCE FREE CHAMPS
Monday, July 24 PLY-MAR
4:00 PM WARM-UP; 5:00 PM START

IM CHAMPS
Wednesday, July 26 HIDDEN HOLLOW
Time: TBD

DIVING CHAMPS
Tuesday, July 25
15 & Over- MARTINS DAM 3pm
11-12- MARTINS DAM 5pm

Thursday, July 27
10 & Under- ROSE TREE WOODS 2pm
13-14- ROSE TREE WOODS 5pm

A CHAMPS
Saturday, July 29th WALLINGFORD
10 & UNDER AND 11 – 12 BOYS
11 – 12 GIRLS AND 13 & UP

8:00 AM WARM-UP; 8:45AM START
12:00 PM WARM-UP; 1:00 PM START



Social Events

We are excited to have another fun filled Summer of social events. Please mark your calendars for the following activities:

3rd Annual School's Out! Party - June 16th: 3pm

- DJ
- Moon bounces for younger and older kids, including an obstacle course!
- Popcorn and snow cone machine
- All-Star basketball shooting game
- Art activities
- Happy Hour BYOB for the adults after 5pm



Trivia Night -

June 23rd, July 14th and August 18th
7-9pm- BYOB

Junior Social - July 20th : 7-9pm
\$3 includes DJ, pretzel and a soda

60th Anniversary Adult Social - July 8th

- Adults only- pool will close and only be open to members attending the event
- Will include dinner and music
- More details to follow

60th Anniversary Family Fun Day - July 9th: 2-5pm

- DJ, free food including hotdogs, watermelon, soft pretzels and birch beer

Movie & Face painting night- TBD

We are happy to have Kara Wilson back again this summer. Kara is a freshman at Savannah College of Art & Design. The sessions will be on Mondays and Thursdays at 1 pm, starting June 13th. Please come out and participate. We will have a calendar of events in the office and posts on Facebook.

Volunteers are always needed to assist with some of the social events. Please contact Kirstin Gartland if you are able to assist: KirstinGartland@yahoo.com

Parties & Guests

Parties:

If you would like to schedule a party, please contact the office in advance. You will need to fill out a party request form that must be signed by you and a manager before the party can be booked. Snack bar menus are available in the office.

Guest Fees:

- Weekday \$7
Weekend/Holiday \$10
- Non-swimming guests after 6pm \$1,
- 10 Pre-paid IGo guest tags ~ \$70
- Monday – Saturday (Up to 15 people) \$150 ~ Additional guests \$7
- Sunday/Holiday (Up to 15 people) \$150 ~ Additional guests \$10

Snack Bar

It is my distinct pleasure and privilege to oversee the Ply-Mar cafe this summer for a 5th year. We are fortunate to bring back 6 girls from our courteous and competent staff to provide you with excellent and friendly service.

Along with our normally ambitious menu, we are adding Turkey-pastrami sandwiches and wraps, a breakfast burrito, pot-stickers, funnel cake fries as well as a variety of regular and Gluten-free Gourmet pizzas. We also encourage anyone who wants to establish credit accounts to minimize the handling of cash by small children.

As always, we have your best interest at heart with your health and satisfaction our number 1 priority. We welcome any suggestions and comments and will do our best to fulfill your requests.

I'm looking forward to another fabulous summer and can't wait to see you all soon. Warmest personal regards. Art



Attention New Members

Please make sure to stop by the main office to have your picture taken and obtain your scan card. At the same time, please pick up your stock certificate and rule book.

Tennis

Ply-Mar Members,

My name is Larry Elliott and I am the Tennis Professional at Ply-Mar Swim & Tennis.

The 2016 summer was my inaugural season and I thought it went well. But I can do better. WE can do better, to offer more choices and really grow Tennis @ Ply-Mar.

Last season, I established programs

for both Adults & Juniors. Some of those programs continued even during the off-season.

Now entering my 2nd summer, my goal is to increase tennis participation by offering a program that covers all tennis needs.

I welcome any and all comments - please email me directly:

larry.elliott10s@gmail.com

Thank you!

Larry

Please contact Larry with any questions or you're ready to get started!

**FREE KIDS TENNIS
CLINICS!**

Sign up in the office



Policies & Rules



Bands: Club policy requires that all children under the age of 13 must wear a colored band indicating swim ability and swimming privileges.

A **black** band allows the swimmer to swim anywhere in the pool, including the use of the diving boards and deep end of the main pool without parental supervision.

A **red** band allows the swimmer anywhere in the intermediate pool and shallow end of the main pool (from the lifeguard chair) without parental supervision.

If a child cannot pass either band test, they are restricted to the shallow end of the intermediate pool and require parental supervision.

All children may swim **with direct parental supervision** in any area of the main or

intermediate pool, except the diving well.

These rules are an important safety feature of our club, as parents are the primary lookouts for their children; the lifeguards are only secondary!

It is the responsibility of all members and their children to remember to wear their bands, as the office will not lend them out. If a band is lost or forgotten, a new one may be purchased for \$1.

Guests: All guests who are under the age of 13 must be band-tested in order to have open access to the pools and diving wells.

All members must accompany and are responsible for their guests, especially children. Please be sure guests know our club rules.

Please ask a manager in the office if you have any questions or would like them to inform your guests about our club rules.

All guests under the age of 13 who would like to use the diving board must pass the black band test.

Food and Drink: Food and drink are not permitted on the concrete decks that surround the pools, including the entire fenced-in area of the baby pool (except bottled water). Food and drinks, other than water, can change the quality and clarity of pool water and possibly force the closing of the pool.

No-Smoking Policy: Ply-Mar is a smoke-free facility. There is no smoking anywhere on the grounds or parking lot. Thanks for your cooperation.

Babies & Diapers

All children who are not toilet trained are restricted to the baby pool. We would like to remind you of potential health risks at the Club, and ask for the help and cooperation of all members in preventing problems:

- Do not change babies near any of the pools or on any tables.
- Children who are not fully potty trained should be kept away from the big and intermediate pools, including the pool gutters.
- Children that have any chance of urinating or having a bowel movement should be limited to the baby pool and should always wear a swim diaper.

YOU WILL BE ASKED TO LEAVE THE POOL AREA IF YOU CANNOT ABIDE BY THESE RULES.

We do not want to get shut down by the Health Department or have to drain the pools. This would be inconvenient, costly and upsetting to our members.

From the Board

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Ply-Mar Swim & Tennis Club

3032 Butler Pike
Plymouth Meeting, PA
19462

Phone
(610) 828-8550

E-mail
info@plymar.org

Back in 1957, there weren't too many options for families to cool off during the summer. The local swimming holes and quarries were unsafe, and the shore was far away and too expensive for many.

As a result, several families in the area banded together to find a safe, fun place to enjoy the summer. This was the beginning of Ply-Mar Swim & Tennis Club.

These hard-working locals had a vision.

They sold shares, set dues, purchased land, built the pools and buildings, and planted dozens of trees, all in an effort to create a beautiful place they could share with their family and friends.

Today, our club is still owned by over 600 families in the community. The pools they made cool off their grandchildren, and the trees they planted shade subsequent generations. What a legacy!

To celebrate their vision

and the shared summer getaway they created, the Club will have a 60th Anniversary party on the weekend of July 8th and 9th.

All members and employees, both current and former, are invited to join us then.

See you poolside!

Tom Manley
Board President

We're on the Web!

www.PlyMar.org

Follow us on
[Facebook!](#)

